



Project Zo ouder, zo kind?

Like parent, like child?

Dit project wordt mogelijk gemaakt dankzij de steun van de Vlaamse overheid



Vlaanderen
is zorg

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Inducement

Observations in previous project “Keep it Clean” (2012):

- 130 drug related files
- 78 parents or guardians using drugs, 67 families
- in 56 of 67 families the parental drug abuse affected the general functioning of the family
- in 51 % of the families being counselled, the counsellor did not address the issue of drug abuse



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Outset

- Care network for drug abusing youth Eastern Flanders
- Financial support:
 - het Fonds ter Bestrijding van de Verslavingen (2014)
 - Gouvernement of Flanders (2015)
- Project employees PopovGGZ vzw



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Goals 2014

- Increasing the expertise of around 60 youth welfare workers in bringing up the topic of parental drug or alcohol abuse
- Developing a brochure containing practical tips for youth welfare workers
- Linking existing expertise from both youth welfare and drug treatment programmes



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Advisory committee

- 12 members
- Including addiction treatment programmes, mental health services, youth welfare services, the Flemish Agency for disabled persons and directly accessible aid services
- Also with the participation of Ghent University
- Managing the project



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Peer-to-peer coachings 2014

- multidisciplinary
- Attended by a coach familiar with the subject
- 58 entries, 51 actual participants
- 7 groups



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Index cards

5 categories:

- example cases
- Related subjects
- Drugs
- considerations
- general information



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Workshop “See, dare, do!” (2015)

- workshop:
 - How to recognise signs of parental substance abuse in both parent and child behaviour?
 - Addressing the topic of parental substance abuse with the parents
- Adapted to individual needs of the organisation
- free of charge



Workshop “See, dare, do!”

Modules

- Consequences for children from addicted families
- Recognizing (parental) substance abuse
- Background information on substances
- Risk assessment on the safety of the children
- Do's and don'ts
- Chair exercise
- A (very modest) introduction to motivational interviewing



Workshop “See, dare, do!”

Statistics

- 68 organisations subscribed
- 571 participants
- 49 workshops
- Over 90% of participants were satisfied with the workshop
- Most popular modules: chair and do's and don'ts



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Questions?

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